

THIS MAP BELONGS TO:

1 2

3

4

OUR BIG  
BACK  
YARD  
LITTLE PARA



**LITTLE PARA RIVER TRAIL**

The Little Para River Trail is a 16.5km accessible path from the hills in the east of Northern Adelaide to Barker Inlet in the west. The first people of the Salisbury area were the Kaurna people and the name 'Little Para River' comes from 'Pari', the Kaurna word for river.



	<b>CREEKS</b>		<b>WETLANDS</b>		<b>PARKS</b>		<b>KAURNA SIGNIFICANCE</b>
	<b>WALKING TRAIL</b>		<b>TOILETS</b>		<b>PLAYGROUND</b>		<b>SCHOOLS / PRESCHOOLS</b>

We acknowledge that we live on Kaurna land. Kaurna language kindly provided by Kuma Kaaru.



# 40 THINGS TO DO ALONG THE LITTLE PARA

EACH ACTIVITY SITS NEXT TO A DOT THAT TELLS YOU WHERE THE LOCATION IS. TICK OFF THE COLOURED CIRCLES AS YOU GO!

## NATURE

- See spider webs and inch-ant nests
- Sit and watch
- Run and jump
- Scavenger hunt
- Climb trees
- Have a picnic
- Build a stick fort
- Collect gumnuts
- Hike
- Use sticks as walking sticks

## WETLAND

- Listen for frogs
- Catch tadpoles
- Have a race
- Jump from rock to rock
- Roll on the grass
- Dance and run around
- Make a boat out of bark and sticks
- Birdwatching
- Feel bark on different trees
- Look for ducks

## RIVER

- Play 'Poohsticks' from one side of bridge to the other
- Build a *wardli* (shelter)
- Find She-oak nuts
- Hide/walk in long wavy grass
- Search for *murlapaka* (shields) and *kuru* (Coolamons)
- Pick bunches of sour sobs
- Enjoy river views
- Find sticks to throw as javelins
- Climb and balance on logs
- Play chasey

## BACKYARD

- Count animals: try the Backyard Bird Count
- Find out interesting facts about strange animals
- Play in puddles
- Find snails
- Play hide and seek
- Gardening
- Water flowers
- Search for bugs
- Make art from leaves and natural things
- Play in the rain

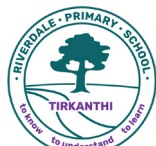
COLLECT ALL 4 NATURE ADVENTURE ACTIVITY SHEETS



## HISTORICAL INFORMATION

The rich and fertile soil along the Little Para River was where the citrus industry began in the 1850's. Along the banks you would have seen orange and almond orchards.

Ken Harvey's Orchard. Photo Credit: Warwick Dunstan - 1959-1960



A HUGE THANK YOU TO THE CHILDREN, FAMILIES AND OUR COMMUNITY FOR BEING INVOLVED!



LOWIE'S LOOP  
WALKING  
TRAIL

MAP B →

MAP B →

ON STREET PARKING

BOARDWALK DRIVE

# BOARDWALK PLAYSPACE WETLAND ADVENTURE - A

WETLANDS CAPTURE STORMWATER TO PREVENT LOCAL FLOODING, TRAP POLLUTANTS AND CLEAN KAWI (WATER). THE WALPOLE ROAD WETLANDS ARE PART OF THE LITTLE PARA RIVER CATCHMENT. WETLANDS PROVIDE HABITAT FOR BIRDS AND ANIMALS LIKE THE TARANA (PACIFIC BLACK DUCK).

WILDWOOD STREET

BOARDWALK DRIVE



MAP B

MAP A

OUR BIG  
BACK  
YARD  
LITTLE PARA



1/4  
COLLECT  
THEM  
ALL

# BOARDWALK PLAYSPACE WETLAND ADVENTURE - A



Children, always hold an adult's hand near water. Choose activities within your ability. Please don't feed the ducks.



## PAKA (BARK) BOAT RACE

Make a boat out of sticks and leaves, drop it into the *kawi* (water) and see how well it floats. Have a race.

Always stay close to an adult when near water.

## RUNNING AND DANCING

Be active. Run, walk or skip from tree to tree. Dance around.

What other ways can you move in the grassy space?

The Kaurua people call open spaces/plains *wama*.



## LOOKING FOR DUCKS

The Wood duck, Chestnut teal duck, Pacific black duck and Purple swamphen are some of the wetland birds that live here.

How many can you spot from the *waadlakatha* (jetty)?



## LISTEN FOR KANTU (FROGS)

Look under the rocks to see if you can find a *kantu* (frog). Gently put the rocks back afterwards. You could even try and catch some *warati* (tadpoles).



## TIMINA TURA (LEAF ART)

So many natural things to find and use. What are they? Where did they come from? Tell a story with them!

Can you make something with them? Leave your creation where it is and let it blend in with nature.

## ROLLING ON THE GRASS

Find a grassy hill to roll down.

Did you end up where you planned to go?

What other ways can you get down the hill?

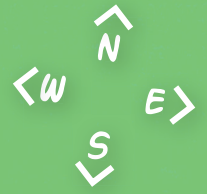


MAP B

MAP A



LOWIE'S LOOP  
WALKING  
TRAIL



WALPOLE ROAD

MAP A  
←

ON STREET  
PARKING

BOARDWALK DRIVE

OUR BIG  
BACKYARD  
LITTLE PARA

# BOARDWALK PLAYSPACE WETLAND ADVENTURE - B

WHEN IT RAINS, WATER COLLECTS IN BOTH ROOF AND STREET GUTTERS AND RUNS INTO STORMWATER DRAINS. IN THIS LARGE DRAIN YOU WILL SEE MAPA MUNTA (TRASH RACKS) TO STOP LITTER AND LEAVES FLOWING THROUGH THE DRAINS AND INTO THE WETLAND.



BOARDWALK DRIVE

2/4  
COLLECT  
THEM  
ALL

# BOARDWALK PLAYSPACE WETLAND ADVENTURE - B

## STEPPING STONES

Take your shoes off and cross the river using the stepping-stones. Be careful as the *kanya* (rocks) may be slippery if they are wet.



## JUMPING OVER KANYA (ROCKS)

Jump from rock to rock. Balance on the *kanya* (rocks). Can you get all the way across without falling off?

Only jump as far as you feel comfortable.



## BIRDWATCHING

How many different species of *winaityinaityi* (bird) can you count, and can you name them?

*Tjintrin* (Willie Wagtail)

*Kurraka* (Magpie)

*Tamanti nurluni* (White Ibis)

*Ngakirra* (Wood duck)

## WALKING

What can you see on your *padninthi* (walk)? Stop for a minute and listen quietly.

What can you hear?

How many steps have you walked?



## LOWIE'S LOOP

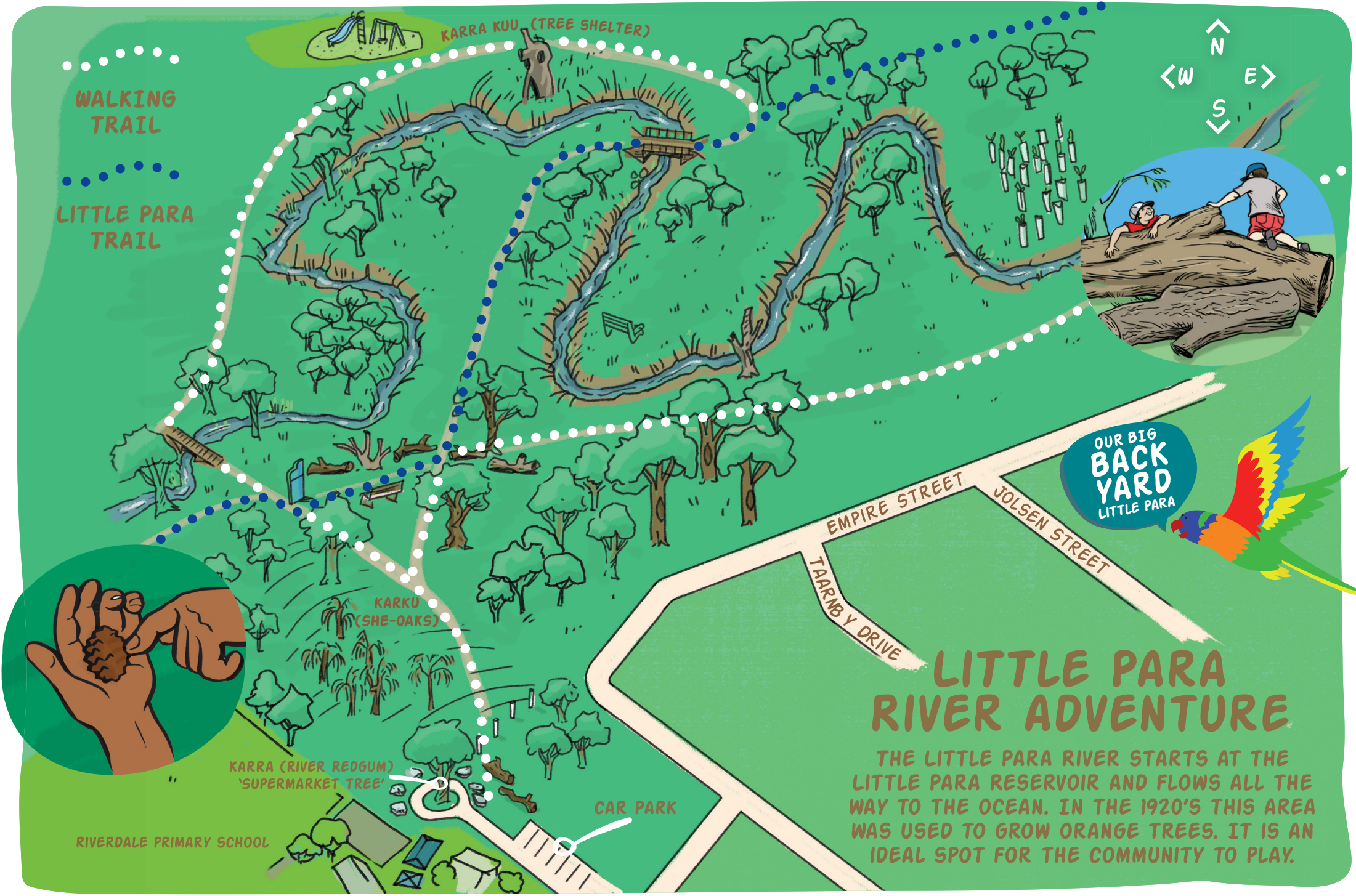
Lowie's loop is a 1km accessible nature play trail.

Follow the 11 "duck" trail markers.



TAKE CARE

Children, always hold an adult's hand near water. Choose activities within your ability. Please don't feed the ducks.



WALKING TRAIL

LITTLE PARA TRAIL

KARRA KUU (TREE SHELTER)

KARKU (SHE-OAKS)

KARRA (RIVER REDGUM) 'SUPERMARKET TREE'

CAR PARK

RIVERDALE PRIMARY SCHOOL

OUR BIG BACK YARD LITTLE PARA

# LITTLE PARA RIVER ADVENTURE

THE LITTLE PARA RIVER STARTS AT THE LITTLE PARA RESERVOIR AND FLOWS ALL THE WAY TO THE OCEAN. IN THE 1920'S THIS AREA WAS USED TO GROW ORANGE TREES. IT IS AN IDEAL SPOT FOR THE COMMUNITY TO PLAY.

3/4  
COLLECT  
THEM  
ALL

# LITTLE PARA RIVER ADVENTURE



Children, the river banks are steep so always hold an adult's hand near water. Be aware of your environment and creatures who may live in long grass.



## TATINTHI (CLIMBING) LOGS

Explore the fallen *karra* (trees), how many can you *tatinthi* (climb)?  
Can you walk the whole length of a log like a balance beam?

## BIRDWATCHING

What birds can you see?  
Are there other hidden animals?

Hint: Look in *yapa* (tree hollows).

*Ngakala* (Rainbow Lorikeet)  
*Ngungana* (Kookaburra)  
*Kurdaki* (Cockatoo)



## CHASEY

Who's it? The forest is a great spot to run around and dodge. Make sure to stay away from the water's edge.

## SEARCH FOR MURLAPAKA (SHIELDS) AND KURU (COOLAMONS)

Kaurna people carve the bark on gum trees to create *murlapaka* (shields) or *kuru* (Coolamons) for carrying. Shields have a point on the top and bottom. Coolamons are an oval shape.



## FIND KARKU MARNGU (SHE-OAK NUTS)

Can you *warri-apinthi karku marngu* (find She-oak nuts) on the ground?



## CUBBY BUILDING

Build a *wardli* (shelter) using sticks or fallen branches on the ground. Please don't remove branches from trees/bushes.

## KAURNA FACT

The long skinny branches of She-oak trees are good wood for spears and clubs. Kaurna people use the She-oak nuts to purify water sources to drink.





OUR BIG  
BACK  
YARD  
LITTLE PARA



BUS  
STOP

MARTINS ROAD

SHIELD  
TREES

CLIMBING  
TREE



WOODFIELD DRIVE

ST HUGHES PLACE

BLUNDEL CLOSE

ON STREET  
PARKING

PLAYGROUND

ST PETERS PLACE

WALKING  
TRAIL

# WOODFIELD RESERVE NATURE ADVENTURE

THIS AREA USED TO BE THE WAMA (OPEN PLAINS) THAT THE KAURNA PEOPLE LIVED ON. NOW IT IS HOME TO MANY NATIVE CREATURES INCLUDING WINAITYINAITYI (BIRDS) AND PIRLTA (POSSUMS). THEY EXPLORE AND PLAY HERE AND YOU CAN TOO!

4/4  
COLLECT  
THEM  
ALL

# WOODFIELD RESERVE NATURE ADVENTURE



## CLIMBING KARRA (TREE)

Find a climbing *karra* (tree)  
and climb it.

How high can you go?



## HIDE AND SEEK

Find some friends to  
play hide and seek.

Can you find a tree or  
bush to hide behind?



## STICK FORT

Find some sticks.  
What can you build?

Build a fort. Please don't remove  
branches from trees/bushes.

## MAI (PICNIC)

Bring a mat and your teddy  
bear. Lay out a picnic with some  
snacks and enjoy listening to  
nature sounds.



## FIND MURLAPAKA (SHIELDS)

The Kurna people traditionally  
make *murlapaka* (shields) and  
*kuru* (Coolamons) for carrying by  
skilfully carving gum tree bark.

Can you find a tree that has had  
a shield carved out of it?



## KAURNA FACT

Eucalypt leaves from *karra*  
(gum trees) are used by Kurna  
people to smoke bodies and  
remove negative energy.

The trunks can be made  
into canoes.



When exploring natural spaces, choose activities within  
your ability. Be aware of your environment and creatures  
who may live in long grass.